Greetings from SEA-PHN Conference Organising Committee!

We would like to take this opportunity to welcome you to the 1st Southeast Asia Public Health Nutrition (SEA-PHN) Conference, scheduled on 14 – 17 May of 2017 at Kuala Lumpur, Malaysia. The Conference, with the theme “Together in Advancing Public Health Nutrition” aims to bring together diverse stakeholders to share and discuss the latest scientific knowledge, experiences, effective intervention policies, strategies, research programmes and regulatory updates to promote and sustain public health nutrition in the SEA region.

Dr Tee E Siong
Chairman
Organising Committee
1st Southeast Asia Public Health Nutrition Conference

44 speakers from 14 countries in Asia-Pacific region have confirmed speaking in 11 symposia and 5 plenary lectures of the Conference!

Who Should Attend
Public health professionals, nutritionists, dietitians, food scientist, policymakers from government departments and agencies, academia, research organisations, professional bodies as well as the food industry.
About the Conference

Several Southeast Asia countries are experiencing a rapid nutrition transition, where an increasing number of the countries in the region are facing a double burden of malnutrition, with persisting issues of undernutrition especially among children, and at the same time heading into an epidemic of obesity, diabetes and other non-communicable diseases related to over-nutrition. In cognisance of the similarities in the threat of double burden of malnutrition problems in the SEA region, the promotion of productive exchange of information, ideas and dialogue among multiple stakeholders in coordinating efforts, implementing nutrition research and intervention programmes in the region is desired. The holding of the 1st SEA-PHN Conference provides a platform for interaction and development of potential cross sectors collaborations; strengthen current partnerships in combating public health nutrition issues of the Southeast Asia region.

Conference Programme at a Glance

<table>
<thead>
<tr>
<th>Time</th>
<th>15th May, Monday</th>
<th>16th May, Tuesday</th>
<th>17th May, Wednesday</th>
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<tbody>
<tr>
<td>0800-0830</td>
<td>REGISTRATION / POSTER VIEWING</td>
<td>Plenary Lecture 3</td>
<td>REGISTRATION / POSTER VIEWING</td>
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<tr>
<td>0830-0900</td>
<td>Plenary Lecture 1</td>
<td>Symposium 5 School-Age Children &amp; Adolescent</td>
<td>Plenary Lecture 4</td>
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<tr>
<td>0900-0930</td>
<td>Plenary Lecture 2</td>
<td>Symposium 6 New Methodologies in Dietary Assessment &amp; Food Composition Database</td>
<td>Plenary Lecture 5</td>
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<tr>
<td>0930-1000</td>
<td>Coffee Break / Poster Viewing</td>
<td>Lunch Symposium 1</td>
<td>Coffee Break / Poster Viewing</td>
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<tr>
<td>1000-1030</td>
<td>Keynote Address</td>
<td>Lunch Symposium 2</td>
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<tr>
<td>1030-1100</td>
<td>Lunch Symposium 3</td>
<td>Lunch Symposium 4</td>
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<tr>
<td>1100-1130</td>
<td>Plenary Lecture 1</td>
<td>Lunch Symposium 5</td>
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<tr>
<td>1130-1200</td>
<td>Coffee Break / Poster Viewing</td>
<td>Lunch Symposium 6</td>
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<tr>
<td>1200-1230</td>
<td>Symposium 1 Maternal Nutrition</td>
<td>Lunch Symposium 7</td>
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<tr>
<td>1230-1300</td>
<td>Symposium 2 School Health Nutrition Policy</td>
<td>Lunch Symposium 8</td>
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<td>1300-1330</td>
<td>Lunch Symposium 9</td>
<td>Lunch Symposium 9</td>
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<td>1330-1400</td>
<td>Lunch Symposium 10</td>
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<tr>
<td>1400-1430</td>
<td>Poster Viewing / Trade Exhibition</td>
<td>Symposium 9 Food-based Dietary Guidelines in SEA</td>
<td>PRIZE PRESENTATIONS &amp; CLOSING CEREMONY</td>
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<tr>
<td>1430-1500</td>
<td>Plenary Lecture 2</td>
<td>Symposium 10: Young Researchers’ Symposium</td>
<td>Coffee Break / Poster Viewing</td>
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<tr>
<td>1500-1530</td>
<td>Symposium 3 Infant &amp; Young Child Nutrition</td>
<td>Round Table Discussion 2 School Nutrition Promotion Programmes</td>
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<tr>
<td>1530-1600</td>
<td>Symposium 4 National Plan of Action for Nutrition (NPAN) in SEA</td>
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<tr>
<td>1600-1630</td>
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<td>Round Table Discussion 1 Maternal Nutrition</td>
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<tr>
<td>1630-1700</td>
<td>Registration</td>
<td>Free Paper Presentations 1</td>
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<tr>
<td>1700-1730</td>
<td>Welcome Reception</td>
<td>Free Paper Presentations 2</td>
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<tr>
<td>1730-1800</td>
<td>Coffee Break / Poster Viewing</td>
<td>Coffee Break / Poster Viewing</td>
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<td>1800-1930</td>
<td>End of Day 1</td>
<td>Coffee Break / Poster Viewing</td>
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<tr>
<td>1930-2000</td>
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<td>End of Day 2 / Break</td>
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<td>2000-2200</td>
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<td>CONFERENCE DINNER</td>
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Keynote Address
Regional Partnership and Multistakeholder Collaboration: Together in Advancing Public Health Nutrition
Prof Dr Teruo Miyazawa, President, Federation of Asian Nutrition Societies (FANS)

Plenary Lectures
Scaling Up Nutrition and Health in Indonesia – Past to Present
Prof Dr Florentinus G. Winarno, Task Force Coordinator of Indonesian Academy of Sciences

Nutrition Scene in Malaysia – The Past, Present & Future Challenges
YBhg. Datuk Dr Lokman Hakim Bin Sulaiman, Deputy Director General of Health (Public Health), MOH Malaysia

The Growth of Nutrition Activities in the Philippines: Lessons Learned and Challenges for the Future
Dr Rodolfo F. Florentino, Chairman-President of Nutrition Foundation of the Philippines, Inc

Nutritional Policies and Strategic Plan Development in Thailand – Challenges and Experience
Prof Dr Kraisid Tontisirin, Senior Advisor of the Institute of Nutrition, Mahidol University (INMU)

Tackling the Changing Nutrition Scene in Vietnam: Success and Challenges
Prof Dr Le Thi Hop, President of Vietnam Nutrition Association (VINUTAS)

Regional Roundtable on
① Maternal Nutrition
② School Nutrition Promotion Programmes
③ Childhood Obesity

Symposia
Kindly turn to pg. 4&5 for the list of symposium speakers and topics

Lunch Symposia
Kindly turn to pg. 5 for the list of lunch symposium speakers and topics
### Registration Fees

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>Fee (RM)</th>
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<tbody>
<tr>
<td><strong>MEMBERS &amp; ASSOCIATE MEMBERS OF SEA-PHN NETWORK</strong></td>
<td><strong>RM1,100</strong></td>
</tr>
<tr>
<td>1. Members of the following Nutrition Societies/Associations which are affiliated with Southeast Asia Public Health Nutrition (SEA-PHN) Network*:</td>
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<tr>
<td>• Food &amp; Nutrition Society of Indonesia (PERGIZI PANGAN)</td>
<td>• Nutrition Association of Thailand (NAT)</td>
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<tr>
<td>• Nutrition Society of Malaysia (NSM)</td>
<td>• Vietnam Nutrition Association (VINUTAS)</td>
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<td>• Nutrition Foundation of Philippines Inc. (NFP)</td>
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<td>2. Staff of the Associate Members of SEA-PHN Network (<em>Beneo, DuPont, Danone, Tate &amp; Lyle, PepsiCo, Nestle</em>)</td>
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**NOTE:**
*Members of the above listed 5 Societies/Associations must have paid up their membership fees, including that for 2017, to be eligible for special member’s rate. The Conference Secretariat will verify your membership with the respective societies/associations.

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<thead>
<tr>
<th>GOVERNMENT SECTOR OF SOUTHEAST ASIA COUNTRIES</th>
<th><strong>RM1,100</strong></th>
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<tbody>
<tr>
<td>• Ministries and agencies</td>
<td>• Public institutions of higher learning</td>
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<tr>
<td>• Healthcare facilities</td>
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<tr>
<th>PRIVATE SECTOR**</th>
<th><strong>RM1,800</strong></th>
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<tbody>
<tr>
<td>• Institutions of higher learning</td>
<td>• Research institutions</td>
</tr>
<tr>
<td>• Healthcare facilities</td>
<td>• Industries</td>
</tr>
</tbody>
</table>

**Note:**
**Staff members of these organisations who are members of any of the above-mentioned societies/associations of the SEA-PHN Network are eligible to register at the reduced rate of RM1,100.

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<tr>
<th>POST-GRADUATE STUDENTS</th>
<th><strong>RM800</strong></th>
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<tbody>
<tr>
<td>Postgraduate students must show proof of student ID to be eligible for this reduced rate.</td>
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### How to Register?

1. Complete and submit the online registration form here [https://seaphnconference2017.org/registration/](https://seaphnconference2017.org/registration/)

2. Payment of registration fees can be done via the following methods:

| International delegates | Online Bank Transfer/Credit Card |
| Local delegates | i. Online Bank Transfer/Credit Card (Preferred Mode of Payment) |
| | ii. Invoice to Malaysian companies/organisations (PO/guarantee letter is required) |
| | iii. Invoice to Malaysian government agencies (LPO is required) |

**Note:**
For method (ii) and (iii), registration is only confirmed once we have received a copy of the Government LPO/Guarantee letter.

Registrations received after 22 April 2017 will be subjected to a late fee (RM150) and availability of space.
Symposia Topics & Speakers

Maternal Nutrition Symposium 1
- Jom Mama Project (Muhammad Faid bin Abd Rashid, Malaysia)
- The challenges of obesity in pregnancy (Jodie Dodd, Australia)
- Maternal anaemia in relation to low birth weight (Charintip Somprasit, Thailand)

Public Health Nutrition Policy Symposium 2
- Eradicating under-nutrition problems in Southeast Asia (Corazon Barba, Philippines)
- Implementation of public health nutrition policies and strategies for the prevention and control of NCD in Brunei Darussalam: challenges and opportunities (Zakaria bin Kamis, Brunei)
- Burden of undernutrition and overweight/obesity – policy and programme (Tahmeed Ahmad, Bangladesh)

Infant & Young Child Nutrition Symposium 3
- Optimized complementary feeding recommendations in Southeast Asia (Umi Fahmida, Indonesia)
- Community feeding program in orang asli settlement, RPS Kemar Malaysia experience (Noor Asmah bt Ahmad Shah, Malaysia)
- Strategies to reduce stunting among young children (Doddy Izwardy, Indonesia)

National Plan of Action (NPAN) in SEA Symposium 4
- Implementation of National Plan of Action for Nutrition in Southeast Asia (Doddy Izwardy, Indonesia; Zalma Abdul Razak, Malaysia; May Khin Than, Myanmar; Mario Capanzana, Philippines; Napaphan Viriyautsahakul, Thailand; Huynh Nam Phuong, Vietnam)

School-Age Children & Adolescent Symposium 5
- School-based intervention programmes in Southeast Asia in improving nutritional status: successes and challenges (Imelda Agdeppa, Philippines)
- Interventions to support teenage pregnancies (Nik Rubiah Nik Abd Rashid, Malaysia)
- An overview on body image and disordered behaviours among school-age children & adolescents in Taiwan & other Asian countries (Yueching Wong, Taiwan)

New Methodologies in Dietary Assessment & Food Composition Database Symposium 6
- Update on food composition programmes in South-East Asia: ASEANFOODS (Kunchit Juprasong, Thailand)
- Analytical aspects on functional components in Japanese official claims and food composition table (Tomoji Igarashi, Japan)
- What do technological developments mean for dietary surveys? (Malcolm Riley, Australia)

Obesity & Other Diet-related NCDs Symposium 7
- Community obesity prevention programme: Learning from the My Body is Fit and Fabulous (MyBFF) programme (Tahir Aris, Malaysia)
- NCD prevention strategies and action plans in China (Huijun Wang, China)
- Stunting in early childhood and risk of overweight/obesity in adolescence: evidence from 7 and 14 years cohort in Indonesia (Cut Novianti Rachmi, Indonesia)
Improving metabolism and health: What role can prebiotic fibres and slow-release carbohydrates play? (Bob Rastall, United Kingdom)

Soy protein and health benefits across lifespan (Wang Hongwei, China)

Gut microbiome, prebiotics and health implications (Cindy Nakatsu, United States of America; Koo Pei Fern, Singapore)

Amino acids and healthy muscle (Yoshio Kawahara, Japan)

Fit vs Fat: The role of balanced nutrition in combating obesity in Southeast Asia (Chin-Kun Wang, Taiwan)

Oats & health: from farm to fork (YiFang Chu, United States of America)

Probiotics and prevention of colorectal cancer (Hideki Ishikawa, Japan)

Breakfast pattern of adults in Asia and its association with chronic disease development (Hamid Jan, Malaysia; Slowly Digestible Starch from cereal-based foods, metabolic interest at breakfast (Pei Gee Chew, Australia)

Micronutrient Deficiencies Symposium 8

- Micronutrients deficiencies (especially Fe, Vitamin D and Zn) among children <5 and women in reproductive age in Southeast Asia (Pattanee Winichagoon, Thailand)
- Intervention programmes in alleviating micronutrient deficiencies in communities with low resources (Mary Chea, Cambodia)
- Rice fortification for an alternative micronutrient problem solution: Do the evidence support? (Hardinsyah Ridwan, Indonesia)

Food-based Dietary Guidelines in Southeast Asia Symposium 9

- FBDG: Update on development and implementation in Southeast Asia (Benny Kodyat, Indonesia; Ismail Noor, Malaysia; May Khin Than, Myanmar; Celeste Tanchoco, Philippines; Chelsea Cheng, Singapore; Kunlaporn Sukumaltakun, Thailand; Le Bach Mai, Vietnam)

Physical Activity in Promoting Optimal Health Symposium 11

- +10 min of physical activity per day (Motohiko Miyachi, Japan)
- Intervention programmes to promote physical activities (Andrew Hills, Australia)
- Promoting physical activity for the elderly (Hercules Callanta, Philippines)

Functional Ingredients & Foods in Health Promotion Symposium 12

- Role of prebiotics in promoting digestive health (Anadi Nitithamyong, Thailand)
- Probiotics for upper respiratory illness in healthy active adults (Nicholas West, Australia)
- Regulatory status and scientific substantiation of health claims in Southeast Asia (Pauline Chan, Singapore)

Lunch Symposia

LS1 Improving metabolism and health: What role can prebiotic fibres and slow-release carbohydrates play? (Bob Rastall, United Kingdom)

LS2 Soy protein and health benefits across lifespan (Wang Hongwei, China)

LS3 Gut microbiome, prebiotics and health implications (Cindy Nakatsu, United States of America; Koo Pei Fern, Singapore)

LS4 Amino acids and healthy muscle (Yoshio Kawahara, Japan)

LS5 Fit vs Fat: The role of balanced nutrition in combating obesity in Southeast Asia (Chin-Kun Wang, Taiwan)

LS6 Oats & health: from farm to fork (YiFang Chu, United States of America)

LS7 Probiotics and prevention of colorectal cancer (Hideki Ishikawa, Japan)

LS8 Breakfast pattern of adults in Asia and its association with chronic disease development (Hamid Jan, Malaysia; Slowly Digestible Starch from cereal-based foods, metabolic interest at breakfast (Pei Gee Chew, Australia)
About SEA-PHN Network

The Southeast Asia Public Health Nutrition (SEA-PHN) Network is a collaboration among nutrition societies/associations in the region to promote periodic exchange of experiences and activities. It aims to partner with key stakeholders in the region, namely government agencies and corporate companies to promoting public health nutrition among the population and alleviating nutrition problems in the region. To view our objectives, organisation and key activities, please visit www.sea-phn.org.

Accommodation

The Conference will be held at Hotel Istana Kuala Lumpur City Centre (www.hotelistana.com.my). Special room rates have been arranged for the conference participants from 14 – 17 May 2017 at Hotel Istana. Kindly download and complete the booking form available at the SEA-PHN Conference website: https://seaphnconference2017.org/visitors/

Alternatively, below are several hotels nearby the conference venue for your selection:
- Holiday Inn Express City Center
- Hotel Royal Kuala Lumpur
- Grand Millennium Kuala Lumpur Hotel
- ParkRoyal Serviced Suites Kuala Lumpur
- Metro 360 Hotel Kuala Lumpur

Quick Info about Malaysia

Time Zone: Kuala Lumpur operates on Greenwich Mean Time (GMT) + 8 hours.

Currency: The official currency is the Malaysian Ringgit (currency code: MYR) which comes in notes and coins. Major currencies can be exchanged at most hotels, banks and licensed money changers.

Language: The national and official language of Malaysia is Bahasa Malaysia (Malay) while English is widely spoken. The main languages spoken in KL are English and Bahasa Malaysia (Malay).

Climate: Malaysia enjoys a tropical climate with warm weather all year round. The average temperature ranges from 25°C to 35°C.

Entry Requirements/Visa/Passport: To enter Malaysia, visitors must have a national passport or other internationally recognized travel documents with a validity period of at least six months beyond the intended period of visit in Malaysia. Most nationalities do not require visas for social or business visits. You may check the status or look for immigrations and visa requirements information on the Immigration Department website www.imi.gov.my.

For more information, please visit:
- SEA-PHN Conference website https://seaphnconference2017.org/visitors/
- Visit KL http://www.visitkl.gov.my
- Tourism Malaysia http://www.tourism.gov.my/

We look forward to seeing you in Kuala Lumpur!